Families are essential members of the healthcare team who provide care for their loved ones. We believe that family caregivers of persons with a wide variety of conditions (e.g., dementia, autism, spinal cord injury) have shared experiences and needs, yet research has rarely acknowledged the similarities.

With 1U4U funding, we will conduct a series of caregiver focus groups, with the aim of uncovering and articulating similarities and differences across diverse caregiving relationships (e.g., parent, child, spouse) and health conditions.

These data will have twofold impact: 1) inform a white paper synthesizing the until-now fragmented and isolated bodies of research, and 2) serve as the first-step in creating a caregiver stakeholder board to facilitate engagement of experienced caregivers who will inform future research conducted by scholars and clinicians at the University of Utah.

Community-engaged research practices allow for the most efficient translation of research results into real-world care and clinical practice.

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